**Bakersfield College**

**Kinesiology, Health, & Athletics Department**

**‘Strength & Conditioning COA’ Advisory Board Meeting Minutes –**

**October 12th, 2023 @ 6:30PM**

<https://kccd-edu.zoom.us/j/88406285627>

**Members:** Andy Muro, Lord Elliot, Ty Sevedge, Ryan Beckwith, Wes Coble, Corissa Alvarez, Konrad Dahl, Scott Dameron, Carl Dean, Jason Maples, Jasmin LoBasso

1. Introductions
2. Program Proposals
   1. Strength & Conditioning Certificate of Achievement
3. Feedback

* Ryan Beckwith – excited to see the Nutrition component in the certificate.
* Lord Elliot – there is a big need for this certificate within our community. Nutrition is important since obesity in our community is skyrocketing. Would like to see information related to how to get a business license, management and organization of a small business. Direction on private, semi-private, and or group training.
* Carl Dean – discussed how business skills / principles are introduced in the KINS B1A – Intro to Kinesiology class.
* Corissa – values the hands on experience that the courses within the certificate will provide the students. Thinks that observing other professionals within the field would be valuable.
* The board voted unanimously to approve the “Strength & Conditioning Certificate of Achievement”.

1. Future Meetings

* Thursday, April 18th, 6:30 via Zoom

1. Meeting Adjournment – 8:45